



**COMMUNITY EDUCATION**

*Spring 2024*

**COURSE SCHEDULE**



[www.phmschools.org](http://www.phmschools.org)  
(574) 258-9568



**SPRING CLASS INFORMATION**

Learn to Swim Information and Summer Camp Information

# welcome to Lifelong Learning 4 Easy Ways to Register

See Page 18  
for Detailed  
Instructions

## Register and pay online

- Visit the P-H-M Web Store at **phm.revtrak.net**
- Click on the “**Community Education**” button
- Select your class(es)
- Register for your class(es)
- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

### Phone-In

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to (574) 258-9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

### Walk-In

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** You can leave your registration form and payment with the receptionist during this time.

### Mail-In

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information. **Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.**

### Payment Information

Payment must be submitted at the time of registration **BEFORE** attending a class. *Instructors DO NOT accept payments.* We accept cash, check, money order or purchase order at the Community Education office. **A \$20.00 fee will be charged for processing checks returned for insufficient funds.**

*You do not need to live within the P-H-M school district to take or teach our classes.*

## Introduction to Personal Computers

This introductory hands-on computer class is designed for the beginning computer user who wants to acquaint themselves with personal computers and their applications. In the most basic terms you will be introduced to word processing, spreadsheets and more. You'll learn formatting, exchanging files and other basic functions. **Enrollment is limited. You will need to bring a USB flash drive to class to save your work. This course is very helpful for those with no prior experience on a computer. Prerequisite: None.**

- Dates:** Four Mondays  
March 4, 11, 18, 25
- Time:** 6:00 – 8:30 p.m.
- Fee:** \$75/\$65 senior citizens
- Location:** Penn High School, Room 137  
*Use Entrance L (a door code will be issued)*
- Instructor:** Kay Crum, experienced instructor

## Intermediate Personal Computers

Know the basics, but want to learn more about how your personal computer works, then this hands-on class is for you! Learn a wide range of programs and improve your computer knowledge. This class will help you gain the confidence to move on to more complex computer programs you would like to learn. **Enrollment is limited. You will need to bring a USB flash drive to class to save your work. Prerequisite: Introduction to Personal Computers or equivalent experience.**

- Dates:** Four Mondays  
April 8, 22, 29  
May 6
- Time:** 6:00 – 8:30 p.m.
- Fee:** \$75/\$65 senior citizens
- Location:** Penn High School, Room 137  
*Use Entrance L (a door code will be issued)*
- Instructor:** Kay Crum, experienced instructor

### Rosemont Fashion Outlets Bus Trip

Rosemont Fashion Outlets of Chicago is a must-shop destination when visiting the Chicago area. With nearly 150 of the finest stores and great restaurants you can be sure you will find exactly what you are looking for. Enjoy stores such American Eagle Outfitters, Banana Republic Factory, Bath & Body Works, Bloomingdale's The Outlet, Boss, Burberry, Calvin Klein, Carter's, Champion, Chico's, Clark's Outlet, Coach, Columbia, Converse, Crocs, Express Factory Outlet, Finish Line, Gucci, J. Crew, Jimmy Choo, lululemon, Michael Kors, Nike Factory, Nordstrom Rack, Saks Off 5th, Tommy Hilfiger, Ugg, Under Armour, Vera Bradley, Versace, Vineyard Vines, White House/Black Market Outlet and many more under one roof.

Enjoy a meal or an on-the-go snack, you're sure to find something. China Wok, Chicago Burger Co., Crepe Cafe, freshii, Kong Dog, Tapville Social and Wetzels Pretzels. The bus will leave promptly at 8:00 a.m. and return around 9:00 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please register prior to February 23. Seats may still be available after this date.

- Date:** One Saturday, March 23
- Time:** 8:00 a.m. – 9:00 p.m.
- Fee:** \$50 per person
- Departure:** Penn High School, north parking lot



### Birch Run Outlet Mall /Frankenmuth Bus Trip

We will first visit Birch Run Premium Outlet Mall to do some shopping. Visit some of your favorite stores; American Eagle, Ann Taylor, Banana Republic, Express, Harry & David, Lacoste, Lane Bryant, Loft, Michael Kors, Nike, Pottery Barn, Tommy Hilfiger and many more shops! We will then travel to Frankenmuth, Michigan which has the largest Christmas store in the World-Bronner's along with the town that features two miles of Bavarian specialty shops.

*The bus will leave Penn promptly at 7:30 a.m. and return around 9:00 p.m. Payment for this trip must be received at the time of registration. No refunds will be given after payment is received. Please register prior to March 20. Seats may still be available after this date.*

- Date:** One Saturday, April 20
- Time:** 7:30 a.m. – 9:00 p.m.
- Fee:** \$65 per person
- Departure:** Penn High School, north parking lot



### Discover Scuba

February 29 is a one-night experience held before the scuba diving instruction course *for people 10 years and older* who would like to try scuba. Take advantage of this exciting opportunity for finding out what scuba diving is all about.

*Come to a question-answer session and video in the classroom before going to the pool area. Bring a bathing suit, towel and locker padlock and the rest will be provided.*

- Date:** One Thursday, February 29
- Time:** 6:30 – 9:00 p.m.
- Fee:** \$10
- Location:** Penn High School, Room 163 and Pool  
*Use Entrance D*
- Instructor:** Hart City Scuba, Greg Stone, certified instructor

### Scuba Diving Instruction

Scuba diving is fun and easy to learn and anyone in good health, reasonably fit and comfortable in the water can learn to dive. **People ten and older may take this course.** Course is the PADI OPEN WATER COURSE, the first level of scuba certification and your entry into the adventure of the underwater world. Course includes academics, diving in the pool where skill development will take place and actual scuba diving in an open water environment. *The course is performance based, so you will have as much time as needed for skill development.*

The academic portion begins when you are ready, so through self study you will be able to learn at your own pace. Study materials include your student kit consisting of a book. *Due to the course format it is required that you contact the dive facility PRIOR to the start of class* to ensure that all students have the proper study materials and paperwork. Course fee includes everything a student diver will need for completion of the course except personal equipment. *Personal equipment is mask, fins, snorkel and booties. Participants should also bring a bathing suit, towel and locker padlock to each class. After registering and paying for the class, you must call Hart City Scuba at 574-264-3528.*

- Dates:** Two Tuesdays/Two Thursdays  
March 19, 21, 26, 28
- Time:** 6:30 p.m. – 9:30 p.m.
- Fee:** \$300 (includes study materials)
- Location:** Penn High School, Room 163 and Pool  
*Use Entrance D*
- Instructor:** Hart City Scuba, Greg Stone, certified instructor



### Basic Fundamentals of the Golf Swing

This class teaches the basics, will help you with the proper grip, stance and swing. You will enjoy learning the fundamentals of the sport and also learn how to improve your game. Whether you're a beginner or an experienced golfer who just wants to take a few strokes off his/her game, this class will suit your needs. Discussion will be held during class on some necessary and optional equipment needs.

*The first class will last 90 minutes. All other classes will be 60 minutes in length. Driver only is required.* For those without clubs, Michiana Golf can supply you with the necessary equipment.

**Dates:** Five Mondays  
April 8, 15, 22, 29  
May 6

**Time:** 6:00 – 7:00 p.m.

**Fee:** \$90

**Location:** Michiana Golf Academy  
1915 N. Merrifield, Mishawaka, IN

**Instructor:** Don Wiseman, GSED

### Scoring Shots

Mastering the short game is one of the most challenging aspects of golf. Join Don for a five-week course on chipping, putting, lob shots and sand shots. *This program is intended for anyone, beginner or experienced, who is looking to improve their game. Please bring putter, pitching wedge and 7 iron to class.* For those without clubs, Michiana Golf can supply you with the necessary equipment.

**Dates:** Five Mondays  
April 8, 15, 22, 29  
May 6

**Time:** 7:30 – 8:30 p.m.

**Fee:** \$90

**Location:** Michiana Golf Academy  
1915 N. Merrifield, Mishawaka, IN

**Instructor:** Don Wiseman, GSED

### Cardio Drumming at Bittersweet

Cardio drumming combines dance and rhythm for fun, high-energy workouts which can be described as a combination of drum line and modern dance. Unlike many other workout activities, cardio drumming never gets dull. In addition to hitting the ball in syncopation, you click the sticks in the air, jump and run in place and many other moves you will replicate in all different types of songs and genre'. All fitness levels are welcome. If you are not able to stand for long periods of time, you can also drum sitting down.

*Participants should bring a yoga ball, a bucket and drumsticks to each class. Also bring a water bottle and wear comfortable athletic clothing and athletic shoes. Class is designed for adults and children 13 years and older may enroll with an adult. Class meets two nights a week for a total of 22 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

**Dates:** Twenty-two Mondays/Wednesdays  
February 26, 28  
March 4, 6, 11, 13, 18, 20, 25, 27  
April 8, 10, 15, 17, 22, 24, 29  
May 1, 6, 8, 13, 15

**Time:** 6:15 – 7:15 p.m.

**Fee:** \$55

**Location:** Bittersweet Elementary School, Gym  
*Use Entrance C (a door code will be issued)*

**Instructor:** Cheryl Burnett, experienced fitness instructor

### WERQ Dance Fitness at Elm Road

Join this fun class that is the wildly addictive cardio dance fitness class based on pop, rock and hip hop music. An exciting and effective total-body workout where the warm up previews the dance steps in class and the cool down combines yoga-inspired static stretching and balance poses.

*Participants should bring a water bottle, towel, and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 8 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

**Dates:** Eight Tuesdays  
February 27  
March 5, 12, 19, 26  
April 16, 23, 30

**Time:** 6:15 – 7:15 p.m.

**Fee:** \$35

**Location:** Elm Road Elementary School, Gym  
*Use Entrance F (a door code will be issued)*

**Instructor:** Nicole DeWitt, certified instructor



Register and pay online at  
[phm.revtrak.net](http://phm.revtrak.net)

## Mindful Movement at Elm Road

Mindful movement is a fusion of yoga and Pilates that focuses on body awareness, mobility, flexibility, and relaxation. This class will focus on breathing techniques, core strengthening and overall flexibility. A great fitness program with easy to follow moves you will be able to follow easily.

*Participants should bring a water bottle, towel, mat, and wear comfortable clothing and athletic shoes with low tread to each class. Instructor may ask you to bring other props you may need to help you in some of the poses ie: straps, block or bolsters. Class is designed for adults and children 16 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

**Dates:** Ten Thursdays  
February 29  
March 7, 14, 21, 28  
April 11, 18, 25  
May 2, 9

**Time:** 6:15 – 7:15 p.m.

**Fee:** \$40

**Location:** Elm Road Elementary School, Gym  
*Use Entrance F (a door code will be issued)*

**Instructor:** Nicole DeWitt, certified instructor

## Kettlebells at Elsie Rogers

Learn how to use a kettlebell and what a kettlebell can do for you and what muscles it works. You'll also learn to use other fitness equipment and techniques. Kettlebells work the whole body and also the core to build a strong midsection. Whether you want to increase lean muscle mass, tone up your muscles, or lose weight you can increase your overall fitness and burn up a lot of calories doing hard intensity workouts and see quick results. Does not stress the joints while providing both cardio and strength training.

*Participants should bring a water bottle, towel and wear comfortable clothing and athletic shoes to each class. Please eat 2 hours before class and do not come to class on an empty stomach. Class is designed for adults and children 16 years and older. Class meets one night a week for a total of 8 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

**Dates:** Eight Tuesdays  
March 5, 12, 19  
April 9, 16, 23, 30  
May 14

**Time:** 6:15 – 7:15 p.m.

**Fee:** \$35

**Location:** Elsie Rogers Elementary School, Gym  
*Use Entrance F (a door code will be issued)*

**Instructor:** Julie Dozier, certified instructor



## Yoga at Northpoint

Learn yoga fundamentals emphasizing breathing techniques and postures. You will learn the fundamentals of mindful breathing, proper postural alignment to build strength and flexibility, stress reduction and relaxation. Learn how blocks and straps can help modify poses to accommodate individual needs and abilities. The class is designed for all fitness levels and body types.

*Participants should bring a yoga mat, blanket or towel, and a water bottle and wear comfortable clothing and athletic shoes to each class. Class is designed for adults and children 16 years and older. Class meets two nights a week for a total of 22 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

**Dates:** Twenty-two Mondays/Wednesdays  
February 26, 28  
March 4, 6, 11, 13, 18, 20, 25, 27  
April 8, 10, 15, 17, 22, 24, 29  
May 1, 6, 8, 13, 15

**Time:** 6:15 – 7:15 p.m.

**Fee:** \$55

**Location:** Northpoint Elementary School, Gym  
*Use Main entrance (a door code will be issued)*

**Instructor:** Courtney Canfield and Valli Ramen, certified instructors

## Water Aerobics/Aqua Groove at Penn

This fun water exercise class focuses on both cardiovascular and strength benefits. Whether you're trying to maintain your current level of fitness or reach a new level, the benefit of training in water makes our aqua workouts safe without impact to the joints. Even people who suffer from arthritis may want to give this class a try!

Class may use resistance tools that include water weights and noodles. Because of their low-impact format, aqua aerobics classes are suitable for every fitness level and is a very popular way to exercise for seniors, people who are overweight and those who are recovering from injury.

*Participants should bring a water bottle and a locker padlock. Water shoes/water belt are optional. Class is*

*designed for adults, and children 12 years and older may enroll with an adult. Class meets two nights a week for a total of 18 classes. Class is not held on a few dates due to school closings or prior scheduled events. Locker rooms should be open at 7:30 p.m.*

- Dates:** Eighteen Tuesdays/Thursdays  
February 27, 29  
March 5, 7, 12, 19, 21, 26, 28  
April 9, 11, 16, 18, 23, 25, 30  
May 2, 9
- Time:** 7:45 – 8:40 p.m.
- Fee:** \$55/\$50 for senior citizens
- Location:** Penn High School, Pool  
*Use Entrance D*
- Instructor:** Nicole DeWitt, certified instructor

### **WERQ Dance Fitness at Prairie Vista**

Join this fun class that is the wildly addictive cardio dance fitness class based on pop, rock and hip hop music. An exciting and effective total-body workout where the warm up previews the dance steps in class and the cool down combines yoga-inspired static stretching and balance poses.

*Participants should bring a water bottle and wear comfortable clothing and athletic shoes with low tread to each class. Class is designed for adults and children 15 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

- Dates:** Ten Mondays  
March 4, 11, 18, 25  
April 8, 15, 22, 29  
May 13, 20
- Time:** 6:30 – 7:30 p.m.
- Fee:** \$40
- Location:** Prairie Vista Elementary School, Gym  
*Use Entrance F (a door code will be issued)*
- Instructor:** Nicole DeWitt, certified instructor

### **Mindful Movement at Prairie Vista**

Mindful movement is a fusion of yoga and Pilates that focuses on body awareness, mobility, flexibility, and relaxation. This class will focus on breathing techniques, core strengthening and overall flexibility. A great fitness program with easy to follow moves you will be able to follow easily.

*Participants should bring a water bottle, towel, mat, and wear comfortable clothing and athletic shoes with low tread to each class. Instructor may ask you to bring other props you may need to help you in some of the poses ie: straps, block or bolsters. Class is designed for adults and children 16 years and older. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

- Dates:** Ten Wednesdays  
March 6, 13, 20  
April 10, 17, 24  
May 1, 8, 15, 22
- Time:** 6:30 – 7:30 p.m.
- Fee:** \$40
- Location:** Prairie Vista Elementary School, Gym  
*Use Entrance F (a door code will be issued)*
- Instructor:** Nicole DeWitt, certified instructor

### **Cardio Drumming at Walt Disney**

Cardio drumming combines dance and rhythm for fun, high-energy workouts which can be described as a combination of drum line and modern dance. Unlike many other workout activities, cardio drumming never gets dull. In addition to hitting the ball in syncopation, you click the sticks in the air, jump and run in place and many other moves you will replicate in all different types of songs and genre'. All fitness levels are welcome. If your are not able to stand for long periods of time, you can also drum sitting down.

*Participants should bring a yoga ball, a bucket and drumsticks to each class. Also bring a water bottle and wear comfortable athletic clothing and athletic shoes. Class is designed for adults and children 13 years and older may enroll with an adult. Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events.*

- Dates:** Ten Thursdays  
February 29  
March 7, 14, 21, 28  
April 11, 18, 25  
May 2, 9
- Time:** 6:15 – 7:15 p.m.
- Fee:** \$40
- Location:** Walt Disney Elementary School, Gym  
*Use Entrance C (a door code will be issued)*
- Instructor:** Cheryl Burnett, experienced fitness instructor

### **Women's Self Defense**

Students will learn about the combat mindset of "Mama Bear" mentality in this very important class. Learn solutions to being vigilant and aware of surroundings. You will be shown how to escape common grabs, choke holds, attacks and how to counter attack in order to get away. This will be done by learning where to strike specific pressure points and other vulnerable areas of the body.

*Participants should wear athletic, comfortable clothing and athletic shoes. Please do not wear any jewelry to class. Bring a water bottle and small towel to each class. Class is designed for adults and children 17 years and older.*

Choose one of the sessions offered.

- Dates:** **SESSION 1**— One Thursday, February 29  
**SESSION 2**— One Thursday, May 9
- Time:** 6:30 – 8:30 p.m.

**Fee:** \$20 (per class session)  
**Location:** Elsie Rogers Elementary School, Gym  
*Use Entrance A (a door code will be issued)*  
**Instructor:** Jim Niedbalski, Policeman, experienced instructor

### Basic Home Canning Class

Have you always canned? Are you following your Grandmother's recipes? Learn the basics of safely canning your own foods in these fun one day hands-on class. Learn food safety while canning your vegetables and fruits in their peak seasons. Understand the difference and importance of water bath and pressure canning. Learn what can and cannot be canned and how each must be processed for safety. Come learn the many tricks the instructor has to share! We will make jam, jelly & juice in class and you will take samples home with you.

*All materials are included. Bring a sack lunch and a towel to take warm canning jars home. Class is designed for adults and children 16 years and older may enroll with an adult.*

**Dates:** One Saturday, April 13  
**Time:** 8:00 a.m.– 2:00 p.m.  
**Fee:** \$65  
**Location:** Penn High School, Room 134  
*Use Entrance L (a door code will be issued)*  
**Instructor:** Amy Lara, certified instructor



### Digital Photo Organization

Wherever your photos are — boxes, totes, phone, computer, tablet, camera, cloud? You know it's just a matter of time before photo chaos becomes a huge frustration, if it hasn't happened already. Feel empowered as you learn how easy it is to safely protect, organize and edit your images. Find any photo with ease! Learn the training and tips to accomplish this important task.

*Bring your laptop to class (PC only-not suitable for Apple). Also bring about 50 digital photos on a flash drive to class. Photos on a camera or phone, bring your camera/ phone cord that connects to your computer. The class fee includes a 30-day trial copy of the software that can be downloaded on your personal computer.*

**Dates:** Three Wednesdays  
March 13, 20, 27

**Time:** 6:30 – 9:00 p.m.  
**Fee:** \$60  
**Location:** Penn High School, Room 168  
*Use Entrance D*  
**Instructor:** Kay Crum, experienced instructor



### Chalk Creations with Cheryl

Join this fun DIY workshop and make a keepsake sign or other home decor using silk screen transfers and chalk paste. Various designs will be available at each session, so no two keepsakes will be the same. Sign up for one session, or all three sessions!

*Inspirational, seasonal and other themed transfers will be available to use. You will purchase supplies from the instructor at each class. Your supply fee with the instructor will be \$15 per session-Payable to Cheryl at the class. Class is designed for adults and children 13 years and older may enroll with an adult. No experience is necessary.*

**Dates:** **SESSION 1**  
One Wednesday—February 28  
**SESSION 2**  
One Wednesday—March 20  
**SESSION 3**  
One Wednesday—April 17  
**Time:** 6:30 – 8:30 p.m.  
**Fee:** \$15 (per class session) or \$40 for all 3 sessions  
**Location:** Penn High School, Room 164  
*Use Entrance D*  
**Instructor:** Cheryl Walsh, experienced instructor



Register and pay online at  
[phm.revtrak.net](http://phm.revtrak.net)



### Log Cabin Quilt

An old pattern that can be rearranged hundreds of ways using 2.5 inch strips of precut fabric. The pattern is rumored to have been created in honor of Abraham Lincoln and possibly used as a signal on the Underground Railroad. The pattern can also signify home and hearth when the center colors are changed. A easy quilt to learn how to make a quilt. A great class for novice or beginner quilters.

*Sewing machines will be available to use during class or you may bring your own to each class. Fabric requirements and class supplies will be discussed via email prior to the class and can be purchased before or after the first class. You will be bringing some basic sewing supplies to all the classes: fabric, pins, scissors, thread, cutting mat, rotary cutter*  
**Prerequisite:** *Basic sewing knowledge.* Class meets one night a week for a total of 10 classes. Class is not held on a few dates due to school closings or prior scheduled events.

- Dates:** Ten Tuesdays  
 February 27  
 March 5, 19, 26  
 April 9, 16, 23, 30  
 May 14, 21
- Time:** 7:00 – 9:00 p.m.
- Fee:** \$50
- Location:** Penn High School, Room 131  
*Use Entrance L (a door code will be issued)*
- Instructor:** Becky Szeles, experienced instructor

### Art Adventures for Young Children

What could be more fun than working in a variety of media to create drawings and paintings of fun things like animals, landscapes and buildings and more. Young children, *age five to eight years of age*, will be introduced to drawing and painting techniques and to the joys of making art. *Wear clothing that is OK to get messy or bring a paint shirt.*

- Dates:** Four Tuesdays  
 March 5, 12, 19, 26
- Time:** 6:05 – 7:05 p.m.
- Fee:** \$40 (supplies included)
- Location:** Bittersweet Elementary School,  
 Room to be determined  
*Use Entrance A (a door code will be issued)*
- Instructor:** Amy Prince, experienced instructor and Art teacher



### Art Adventures for Young People

This class is designed for children *age nine to eleven years old* and provides an introduction to drawing and painting techniques including color theory and perspective. Students will use a variety of materials including crayons, colored pencils, watercolors and chalk pasts. Various projects will include animals, landscapes and buildings with both drawings and paintings as the finished projects. Instruction geared to the interests and the experience of the students who enroll. *Wear clothing that is OK to get messy or bring a paint shirt.*

- Dates:** Four Tuesdays  
 March 5, 12, 19, 26
- Time:** 6:05 – 7:05 p.m.
- Fee:** \$40 (supplies included)
- Location:** Bittersweet Elementary School,  
 Room to be determined  
*Use Entrance A (a door code will be issued)*
- Instructor:** Amy Prince, experienced instructor and Art teacher



Register and pay online at  
[phm.revtrak.net](http://phm.revtrak.net)





### Baby-Sitting Basics

This fun class is designed to prepare you for the responsibilities that come with child care including activities to keep children busy, safety, answering land line phones and the door, choking and rescue breathing, and more. You will also learn about setting fees, looking for baby-sitting jobs and common courtesies involved in baby-sitting. Class is designed for boys and girls 11-15 years of age who are interested in baby-sitting. *Students should bring a doll or stuffed animal for diaper practice skills during class.* A snack is provided. A certificate of achievement will be awarded to each student upon successful completion of all class requirements.

- Dates:** One Saturday, February 24
- Time:** 8:00 a.m. – 12:30 p.m.
- Fee:** \$40 (Snack is provided)
- Location:** P-H-M Educational Services Center,  
55900 Bittersweet Rd, Mishawaka, IN 46545  
*Use Main Front Entrance*
- Instructor:** Linda Meeks, R.N.

### Chalk Creations for Parent and Child

Join this fun parent and child workshop and make a keepsake project or wall decor using silkscreen transfers and chalk paste.

*Themed transfers will be available to use. You will purchase supplies from the instructor at the class. Your supply fee with the instructor will be \$20 per 1 parent and 1 child. Additional child(ren) enrolled will have a supply fee of \$10 per child. Supply fee is payable to Cheryl at the class. Class is designed for adults and children 10 years and older enrolled together. No experience is necessary.*

- Dates:** One Wednesday, April 24
- Time:** 6:30 – 8:00 p.m.
- Fee:** \$20 for 1 parent and child  
\$10 for each additional child
- Location:** Penn High School, Room 164  
*Use Entrance D*
- Instructor:** Cheryl Walsh, experienced instructor

**NEW**

### Preparation for the SAT

The SAT test will be administered at Penn High School on Wednesday, March 13, 2024 during the school day. Students taking this course will learn test-taking strategies and review material including sample questions. The SAT will have sections on critical reading, writing and mathematics. The writing section will include a student-written essay and multiple-choice questions. This class will help students feel prepared and ready to do their best.

*Each student will receive a Barron's SAT workbook. Please bring calculator to Math class. Class meets two days for a Mathematics review and two days for an English review, for a total of four classes. No book fee refund after February 6.*

- Dates:** **Four total classes**  
Two Mondays for English review  
February 26 and March 4  
and  
Two Wednesdays for Math review  
February 28 and March 6
- Time:** 3:45 – 5:45 p.m.
- Fee:** \$70 (includes Barrons SAT workbook)
- Location:** Penn High School, Room 165 on Mondays and  
Room 119 for Wednesdays
- Instructors:** Deanna Wisler and TBA, P-H-M staff



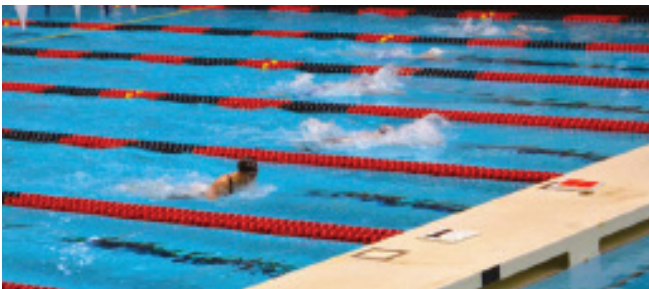
Register and pay online at  
[pnm.revtrak.net](http://pnm.revtrak.net)



**Community Open Swim**

Community Open Swim is available to P-H-M students, families, community members, and staff only. Lifeguards are on duty but parents must supervise their children. *Children in grades 8 and under must be accompanied by an adult.* You should bring a towel and locker padlock (P-H-M is not responsible for lost or stolen items). A Pool Supervisor needs to be hired for Open Swim to be held this spring.

- Dates:** Mondays and Wednesdays  
Spring 2023  
February 27–May 24  
(Closed on recess days and holidays)
- Time:** 7:00–9:00 p.m.
- Location:** Penn High School, Pool, Enter Door D



*There is no fee to attend P-H-M Open Swim. You must live within the P-H-M district to participate.*

*A Pool Supervisor still needs to be hired for P-H-M Open Swim to be held.*

*Please check for any changes at the PHM website:*

*<https://www.phmschools.org/community-ed/community-open-swim>*



**COMMUNITY EDUCATION NEEDS YOU!!**

P-H-M Community Education is always looking for fresh, new classes to offer to the community! It is very easy to do this! Have a hobby or something your great at such as meal planning or baking/cooking a traditional dish? Share this love with others by teaching others through Community Education. Contact the Community Education office at (574) 258.9568 or email [jforkner@phm.k12.in.us](mailto:jforkner@phm.k12.in.us)

Call the P-H-M Community Education office at (574)258.9568 or email [jforkner@phm.k12.in.us](mailto:jforkner@phm.k12.in.us)

Learn how you can teach a class or share your dream class ideas! It's great for the community and rewarding for the instructor.



Register and pay online at [phm.revtrak.net](http://phm.revtrak.net)

# Learn to Swim-Summer 2024



Penn-Harris-Madison Community Education is offering three sessions of Learn-to-Swim classes at Penn High School. **Children must be at least four years old and toilet trained.** Each session includes ten classes of 30 minutes each. Classes during a session run daily Monday thru Friday.

The following class times are offered for each session:

**8:00 a.m., 8:40 a.m., 9:20 a.m., 10:00 a.m.,  
12:30 p.m., 1:10 p.m., 1:50 p.m., 2:30 p.m.**

Each child will be tested on the first day of class and will be placed in one of the Red Cross swim levels. In order to receive certification at the end of each session, children must attend testing on the first day.

## Registration Guidelines

- You may view the most up-to-date registration information about Learn to Swim later this spring by visiting the Community Education web page at [www.phmschools.org/p-h-m-community-education](http://www.phmschools.org/p-h-m-community-education) and also at the PHM Web Store at [phm.revtrak.net](http://phm.revtrak.net). Information will be listed in March for you to view. Registration will begin on Monday, April 15, 2024 at 10:00 am.
- The cost is \$40 per session per child.
- Parents of four-year olds will be required to show a birth certificate for the child at the time of registration. **The day you register a 4 year old child you must email a copy of the birth certificate to [jforkner@phm.k12.in.us](mailto:jforkner@phm.k12.in.us).**

**Session I:  
June 10–21**

**Session II:  
June 24–28 and  
July 8-12 (No Classes 7/1-7/5)**

**Session III:  
July 15–26**

If the birth certificate is not received, your registration will be canceled and a refund will be issued. A child must be 4 years old by the date of the session(s) you are enrolling them in. No exceptions.

- Class size is limited and time slots will be filled on a first come, first served basis.
- Refunds, minus a \$10 processing fee for each registration. If you cancel from a session it must be done at least **three business days prior to the start of the session you are cancelling from.**
- A \$5 processing fee will be charged for all transfers.

**For more information, call the Community Education office at (574) 258-9568 or email [jforkner@phm.k12.in.us](mailto:jforkner@phm.k12.in.us).**



Register and pay online at  
[phm.revtrak.net](http://phm.revtrak.net)

# Summer Camps 2024

Super Kids Camps offer elementary-age children an opportunity to explore and experience art, music, science, and physical fitness in a fun, relaxed atmosphere. Super Kids Camps are open to children who will be entering Grades 1–6 in the Fall. Super Kids Camp is offered from 9:00 a.m. to 12:00 p.m., Monday through Friday. Campers enjoy four camp activities daily, as they rotate from each activity with their friends every 45 minutes. The cost of Super Kids Camp is \$50 per child per camp. Summer registration forms will also be available this Spring and registration will begin April 15, 2024.

## Building Science and Design

**Instructor—Mrs. Maggie Gallagher**  
**Teacher at Northpoint Elementary School**

Campers will utilize a variety of skills as they work together to design and build communities of the future. They will learn about different types of structures, how they work and use the information to build objects from K-Nexs, cardboard boxes and other materials.

## Creativity with Music

**Instructor—Mr. Jason Poff**  
**Teacher at Mary Frank Elementary School**

Every child loves music and this program will foster those innate musical talents. Campers will learn a variety of fun, silly songs that are traditional at summer camps throughout the country. Students will make their own musical instruments out of a variety of new and recycled objects.

## Horizon Elementary School

**June 17–21**

## Prairie Vista Elementary School

**July 8–12**

## Bittersweet Elementary School

**July 22–26**

### Creative Expressions

**Instructor—To Be Announced**

The emphasis is on creativity and exploring the visual world with a variety of activities including drawing, painting, color, and design. Students will have a great time while participating in projects that provide a foundation in artistic expression.

### Fun with Fitness

**Instructor—Mr. Jim Meuninck**  
**Teacher at Bittersweet Elementary School**

A healthy focus on recreation and fitness round out the camp experience with numerous team games including soccer, and many throwing and dribbling activities. The emphasis is on non-competitive, active fun in large and small group settings.

## Theater Camp

### Penn High School—Studio Theater

**Session 1: June 17–21**

**Session 2: July 15–19**

**Instructor/Director—Ms. Deb Swerman**

Pick one or both of these one-week, half-day camps designed for students entering Grades 5–8 in the fall who are interested in performance and stage work or those who just want to build self-confidence. Each camp will be filled with fun activities including games, exercises, improvisations and scene work.

- Participate in creative games and exercises designed to build confidence and imagination.
- Create improvisational skits and games to help increase individual spontaneity.
- Work together in groups on small skits with the purpose of creating fun characters and stories.
- Enjoy a fun, creative, spontaneous atmosphere that builds confidence and nurtures stage skills.

Each camp is \$90 per student and includes a camp t-shirt.

Summer registration will begin April 15, 2024.

## Camp Invention

### Northpoint Elementary School

**June 24–28**

A week-long summer enrichment program for children entering Grades 1–6. The Camp Invention program instills vital 21<sup>st</sup> century life skills such as problem-solving and teamwork through hands-on fun! Visit [www.campinvention.org](http://www.campinvention.org) to register.

# P-H-M Community Education Summer Camp — Walk-in/Mail-in Registration Form

\*\*\*Registration starts Monday, April 15, 2024\*\*\*

Child Name \_\_\_\_\_

Age \_\_\_\_\_ Fall 2024 Grade \_\_\_\_\_ School \_\_\_\_\_

Parent Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Email \_\_\_\_\_

Camp \_\_\_\_\_ Fee \_\_\_\_\_

Camp \_\_\_\_\_ Fee \_\_\_\_\_

Camp \_\_\_\_\_ Fee \_\_\_\_\_

Total Enclosed \_\_\_\_\_

Payment Method:  Cash-Receipt # \_\_\_\_\_  Check# \_\_\_\_\_  Money Order # \_\_\_\_\_

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

# P-H-M Community Education Summer Camp — Walk-in/Mail-in Registration Form

\*\*\*Registration starts Monday, April 15, 2024\*\*\*

Child Name \_\_\_\_\_

Age \_\_\_\_\_ Fall 2024 Grade \_\_\_\_\_ School \_\_\_\_\_

Parent Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Email \_\_\_\_\_

Camp \_\_\_\_\_ Fee \_\_\_\_\_

Camp \_\_\_\_\_ Fee \_\_\_\_\_

Camp \_\_\_\_\_ Fee \_\_\_\_\_

Total Enclosed \_\_\_\_\_

Payment Method:  Cash-Receipt # \_\_\_\_\_  Check# \_\_\_\_\_  Money Order # \_\_\_\_\_

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

# Finding Your Way Around P-H-M

## Bittersweet Elementary School Classes

Bittersweet School is located directly behind the Educational Services Center just north of Penn High School on Bittersweet Road between Jefferson and McKinley Avenue. **Use the main entrance for all classes.**

## Elm Road Elementary School Classes

Elm Road School is located on Elm Road just south of Dagoon Trail in Mishawaka. **Use entrance F (to the gymnasium) for all classes.**

## Elsie Rogers Elementary School Classes

Elsie Rogers School is located on Currant Road just south of McKinley in Mishawaka. **Use entrance F (to the right of the main entrance) for all classes.**

## Northpoint Elementary School Classes

Northpoint is located on Cherry Road just north of State Road 23 near Adams Road in Granger. (Mary Frank Elementary School is to the southeast of Northpoint Elementary School.) **Use entrance E (side-Kids Club entrance) for all classes.**

## Penn High School Classes

The entrances for some of the community education classes at Penn will be from the **Jefferson side parking lot (using entrance L for computer and quilting classes).**

Parking is available in the parking lot in front of the school for the scuba and water aquacize class. **Participants may park in the north lot and enter directly into the pool and gymnasium area (Entrance D) at the north end of the building.**

## Prairie Vista Elementary School Classes

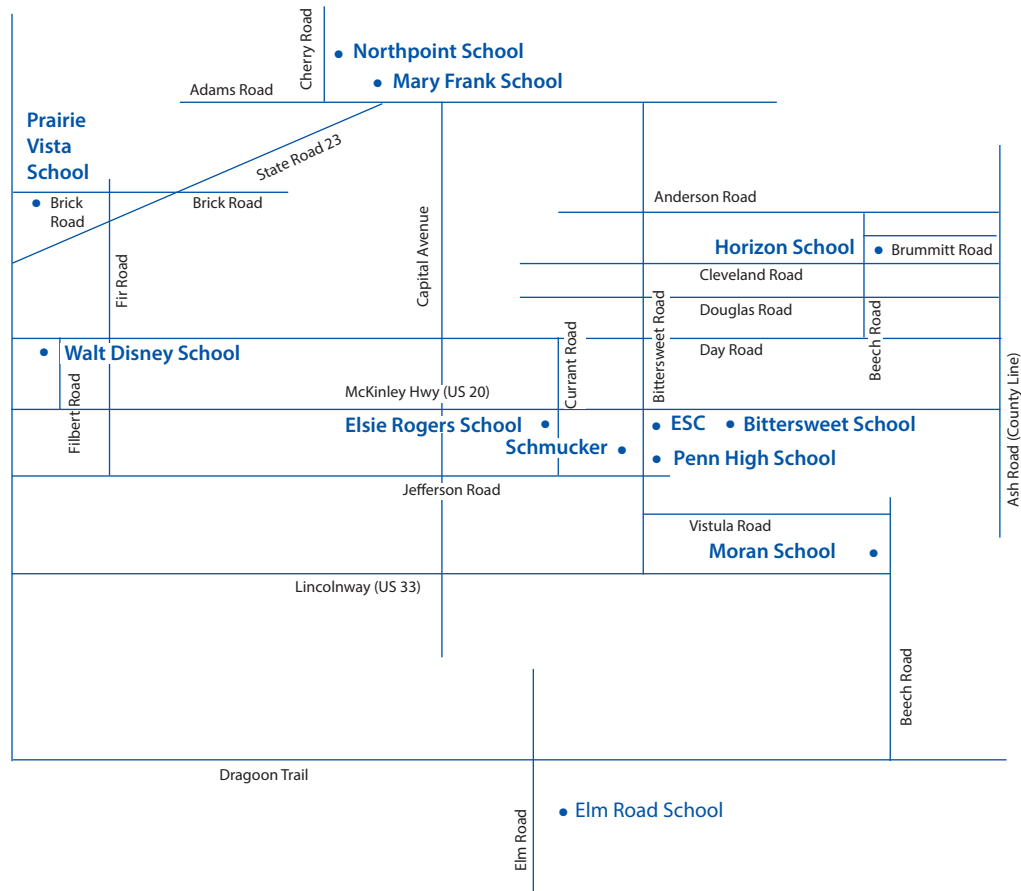
Prairie Vista is located on Brick Road between Fir and Gumwood Roads in Granger. **Use the main entrance (A) for all classes.**

## Walt Disney Elementary School Classes

Walt Disney Elementary School is located at the corner of Filbert and Day Road. **Use Entrance C (enter off of Day Road and go behind the school to enter) for all classes.**

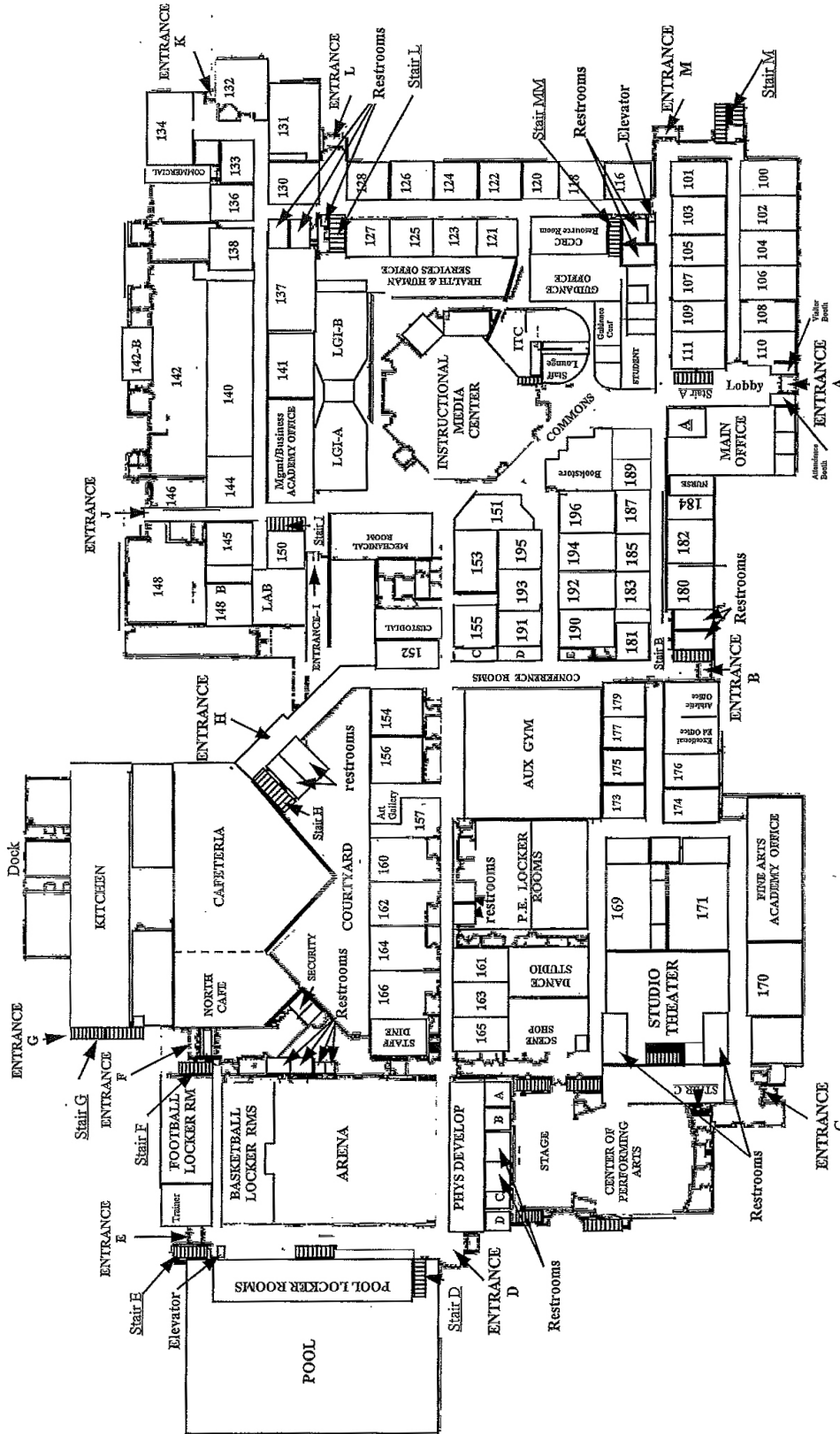
## Still confused?

Feel free to call the Community Education office at 258-9568 between 8:00 a.m. and 4:00 p.m. for more details.



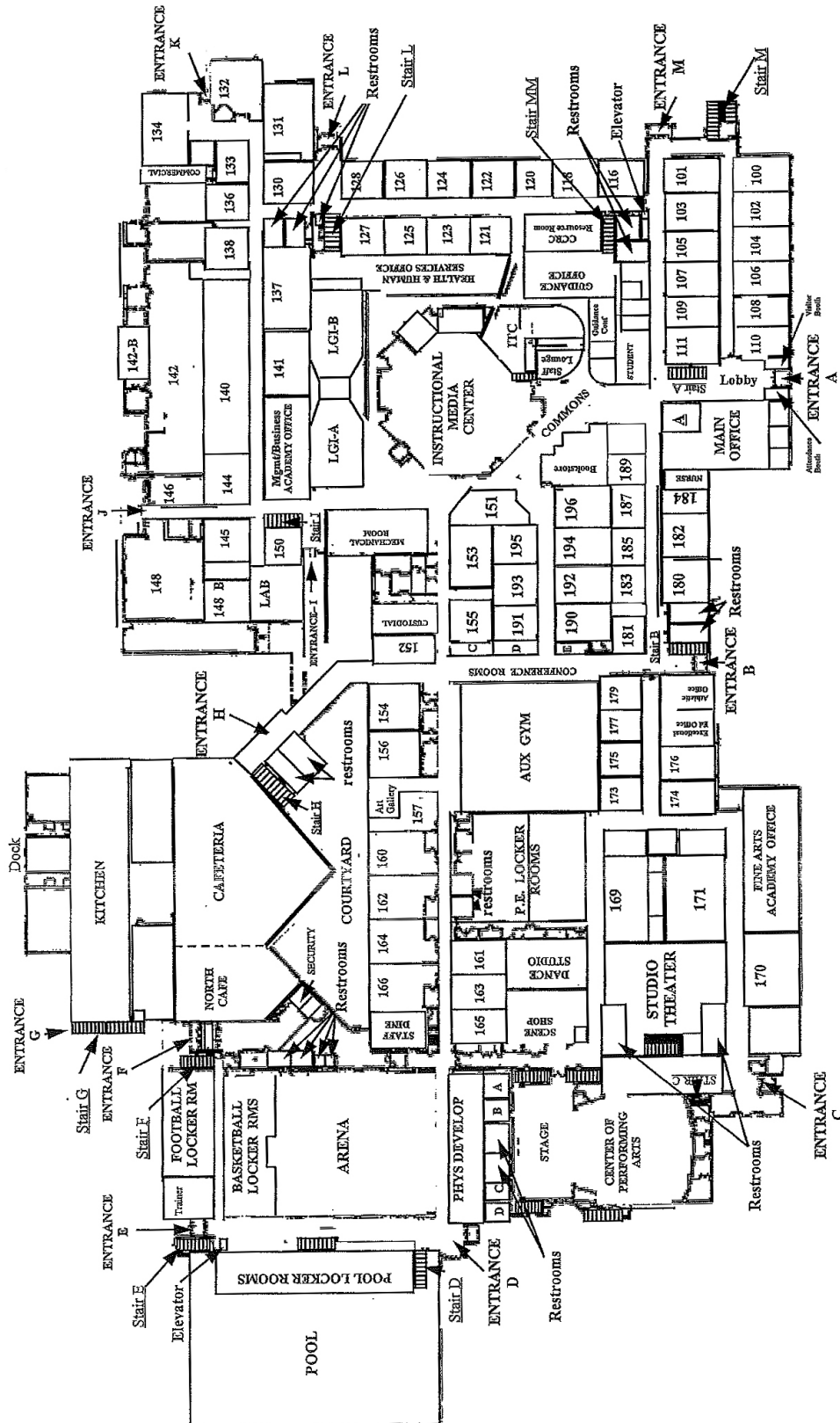
# Finding Your Way Around Penn High School—First Floor

Jefferson Blvd.



Bittersweet Rd.

# Finding Your Way Around Penn High School—Second Floor





# Registration Information

## Online Registration and Payments

### Online Registration

- Visit the P-H-M Web Store at [phm.revtrak.net](http://phm.revtrak.net)
- Click on the “Community Education” button
- Select your class(es)
- Register for your class(es)
- Create an account
- Make a payment using an **eCheck, Discover, VISA, or MasterCard debit/credit card**. There is a 3.49 percent fee for using this service.
- Receive and print your receipt

### Phone-In Registration

Phone in your registration **Monday–Friday from 8 a.m.–4 p.m. to (574) 258-9568**. The Community Education office is **closed from 12:30–1:30 p.m.** Please have your course name and payment information ready.

### Walk-In Registration

You may register in person at our office located in the Educational Services Center (just north of Penn), **55900 Bittersweet Road, Mishawaka, IN**. Office hours are **Monday–Friday from 8 a.m.–4 p.m.** The Community Education office is **closed from 12:30–1:30 p.m.** but you can leave your registration form and payment with the receptionist during this time.

### Mail-In Registration

Fill out the registration form on page 19 and mail it with your check, money order or purchase order information. **Mail to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545.**

### Payment Information

**Payment must be submitted at the time of registration.** We accept cash, check, money order or purchase order at the Community Education office. **Instructors DO NOT accept payments.** A \$20.00 fee will be charged for processing checks returned for insufficient funds.

### When Can I Register?

Registration begins immediately! Registrations are processed on a first-come, first-served basis. You may register until the day before a class begins. Due to a minimum number of students necessary for classes to be held, we encourage you to sign up early. **You must register and pay before attending a class or bus trip. Instructors can not accept registrations or payments as all registrations and payments are thru the Community Education office.**

### Confirmation

**You will only hear from us if there is a change in your class time or day or if a class is cancelled.** You may call (574) 258-9568 to verify receipt of your registration. **Online registrants will receive a confirmation email at the completion of their registration.**

### What if a class is full?

**SIGN UP EARLY!** Class size is limited. If the class you want to take is full, ask to be placed on a waiting list.

Online registrants will receive a registration confirmation email or that they have been placed on the wait list. If an opening occurs, we will contact you. If you mail a registration and the class is full, we will notify you.

### Changes

Every effort is made to ensure the accuracy of the information presented in this brochure. All classes, instructors and locations are subject to change or deletion.

### Cancellation/Refund Policy

The P-H-M Community Education office reserves the right to cancel classes due to insufficient enrollment. **If a class is cancelled, registered students will be notified in advance and a refund check will be mailed.**

If you withdraw from a class **before the first class**, you will receive **a refund minus a \$10.00 registration fee.**

If you withdraw from a class **after the first class**, you will receive **a course credit minus a \$10.00 registration fee.**

**No course credits or refunds will be given to students withdrawing after the second class or after a one session class. Classes are not prorated.**

*All bus trips are non-refundable. Book fees and supply fees are refundable only to the specified date stated in the brochure description.*

### Refunds

Refunds for fees paid by cash, check and credit cards may take up to 3–4 weeks to process and a refund check is mailed to you.

### Discounts

We offer senior citizen discounts on a couple of our classes. Seniors must be at least 55 years of age. You will also receive this same discount by registering online.

### Inclement Weather

Classes are held **unless** the P-H-M School Corporation closes schools during the day due to inclement weather or because of a regularly scheduled school holiday or recess day. Area radio and TV stations will carry such notices.

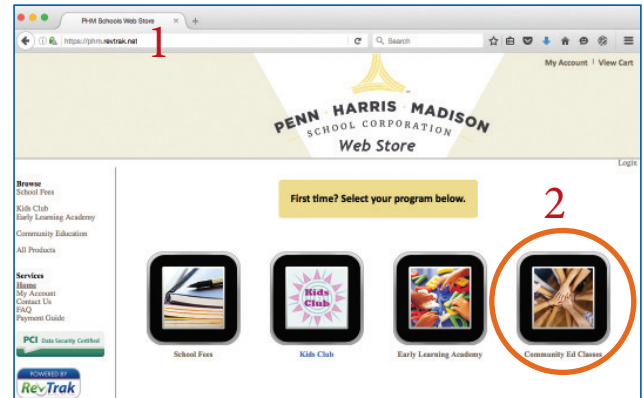
If weather conditions occur late in the day making classes questionable, please feel free to call our office **(574) 258-9568** or visit our website at [www.phmschools.org](http://www.phmschools.org) for more information.

Every effort will be made to provide class status information on voice mail or email if the office is closed. Participants will be called only in special circumstances such as teacher illness or emergency. **On questionable inclement weather days**, you should check your email for information we might provide to you to let you know whether classes are being held.

# Online Registration and Payments

## Instructions for Enrolling in Community Education Classes

- 1 Visit our Web Store at [phm.revtrak.net](http://phm.revtrak.net)
- 2 Click on the **Community Education Classes** button on the home page
- 3 Select the category your class is under (e.g. Computers, Arts and Crafts, Fitness, etc.)
- 4 Then, select the class name from the course list



### Advanced Kettlebells at Elsie Rogers

Advanced Kettlebells at Elsie Rogers Learn more hard intensity workouts with kettlebells and other fitness equipment and techniques. Kettlebells work the whole body and also the co...

<b>4</b> →	<b>Number:</b> Advanced Kettlebells at Elsie Rogers WINTER 16-17	<b>Date:</b> 1/10/16-2/21/17	<b>Day(s):</b> Tu	<b>Time:</b> 6:05p-6:50p	<b>Price:</b> \$35.00
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- 5 After clicking into the class you will need to select the **Click Here to Register** link
- 6 First-time users create an account or returning users login
- 7 After creating an account, you will need to select the participant from the following page. You may also add a new person if they are not currently set up in your account  
*Note: The name of the selected participant MUST be the name of the person attending the course*
- 8 In order to continue registration you must answer all required fields before either clicking **Check Out** or **Continue Shopping** at the bottom of the Registration page
- 9 If you choose **Continue Shopping** to add additional registrations to your Shopping Cart, simply select the **Go To Check Out** button when you have finished all necessary registrations.  
*Note: Your Shopping Cart can be found on the left side of your screen in the Navigation Bar*

### ADVANCED KETTLEBELLS AT ELSIE ROGERS

**Class #:** Advanced Kettlebells at Elsie Rogers WINTER 16-17  
**Date:** 1/10/2017 - 2/21/2017  
**Days:** Tu  
**Time:** 6:05 PM - 6:50 PM  
**Location:** Elsie Rogers Elementary School:Gym  
**Instructor:** Jena Lees  
**Price:** \$35.00

[CLICK HERE to Register for this Class](#) **5** →

- 10 At the **Shopping Cart** page, you will need to verify all billing information for accuracy then click **Complete Order**
- 11 Make payment using a eCheck, Discover, VISA or MasterCard debit or credit card. Payment will be processed and a receipt can be viewed and printed

- 12 When you are finished, **Logout**

**Register and pay online at**  
**[phm.revtrak.net](http://phm.revtrak.net)**

**There is a 3.49% for using this service**

## P-H-M Community Education Spring 2024— Walk-in/Mail-in Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Email \_\_\_\_\_

For children's class(es), please list parent's name \_\_\_\_\_

Child's Age \_\_\_\_\_ Current Grade for 2023-2024 school year \_\_\_\_\_

Course Name \_\_\_\_\_ Fee \_\_\_\_\_

Course Name \_\_\_\_\_ Fee \_\_\_\_\_

Total Enclosed \_\_\_\_\_

Payment Method:  Cash-Receipt # \_\_\_\_\_  Check# \_\_\_\_\_  Money Order # \_\_\_\_\_

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545

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## P-H-M Community Education Spring 2024 — Walk-in/Mail-in Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone # \_\_\_\_\_ Alternate Phone # \_\_\_\_\_

Email \_\_\_\_\_

For children's class(es), please list parent's name \_\_\_\_\_

Child's Age \_\_\_\_\_ Current Grade for 2023-2024 school year \_\_\_\_\_

Course Name \_\_\_\_\_ Fee \_\_\_\_\_

Course Name \_\_\_\_\_ Fee \_\_\_\_\_

Total Enclosed \_\_\_\_\_

Payment Method:  Cash-Receipt # \_\_\_\_\_  Check# \_\_\_\_\_  Money Order # \_\_\_\_\_

Make checks payable to: P-H-M Community Education

Mail forms to: P-H-M Community Education, 55900 Bittersweet Road, Mishawaka, IN 46545



— SCHOOL —  
 CORPORATION  
 Community Education  
 55900 Bittersweet Road  
 Mishawaka, IN 46545

Non-Profit Org.  
 U.S. Postage  
 PAID  
 Milford IN  
 Permit No. 2

## Penn-Harris-Madison Community Education Spring Class Information and Schedule, Learn to Swim and Summer Camp Information

Welcome to Penn-Harris-Madison Community Education. Enclosed you will find Spring class information, as well as Learn to Swim and Summer Camp information. This brochure offers many class opportunities for personal enrichment, fitness and recreation, entertainment. Please call our office at (574) 258-9568 or email [jforkner@phm.k12.in.us](mailto:jforkner@phm.k12.in.us) if you have any questions about our classes or to register with a credit or debit card by phone. You can also go to [phm.revtrak.net](http://phm.revtrak.net) and register and pay online or you can mail your registration and you can also come to our office to register.

### Computers

Introduction to Personal Computers	2
Intermediate Personal Computers	2

### Bus Trips

Rosemont Fashion Outlet Bus Trip	3
Birch Run Mall/Frankenmuth Bus Trip	3

### Recreation

Discover Scuba	3
Scuba Diving Instruction	3
Basic Fundamentals of the Golf Swing	4
Scoring Shots	4

### Fitness

Cardio Drumming at Bittersweet	4
WERQ Dance at Elm Road	4
Mindful Movement at Elm Road	5
Kettlebell at Elsie Rogers	5
Yoga at Northpoint	5
Water Aerobics/Aqua Groove at Penn	5
WERQ Dance at Prairie Vista	6
Mindful Movement at Prairie Vista	6
Cardio Drumming at Walt Disney	6

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Women's Self Defense	6
Basic Home Canning Class	7
Digital Photo Organization	7
Chalk Creations with Cheryl	7
Log Cabin Quilt	8

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Art Explorations for Young People	9
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*You do not  
 need to live within the P-H-M school district  
 to take or teach our classes.*