

Penn-Harris-Madison Schools



Food
Services
Department



Administrative Team

Director of Food Services

Jill M. Riggs

Assistant Director of Food
Services

Mike Alwine

Secretary

Mindy Jaroch

Food Services Personnel

- **Penn High School and Central Kitchen**

4 Lead People,
26 staff members

- **Middle Schools**

3 Production Leads
17 staff members

- **Elementary Schools**

1 Satellite Leader and
1-3 Support staff members per
school



Food Service Distribution

4 Food Service Distributors

Warehouse and shipping



- 4 trucking routes cover over 80 miles per day
- Average Inventory \$250,000.00

Food Service Responsibilities

- **Breakfast & Lunch at all schools**
- **After school snack program**
- **Summer Food Service Program sites**
- **Headstart Breakfast, Lunch & Snacks**
- **Kid's Club breakfasts and snacks**
- **Early Learner Academy lunch and snacks**
- **Catering for PHM events**
- **2 daycare centers lunch**
- **Vending Machines**





Meals and Sales Information

August 2023-March 2024

Reimbursable Lunch	784,488
Reimbursable Breakfast	6154
Reimbursable Snacks	227,295
Sales from Students	\$1,577,000
Reimbursements	\$2,114,000

U.S.D.A. Reimbursable Meals

Breakfast

Grain &/or Protein, Milk, Juice



Lunch

Grain, Protein, Milk, Fruit, Vegetable

Snack

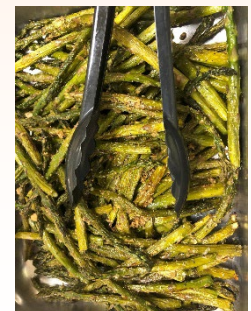
2 of these components: Grain, Protein, Milk,
Fruit, Vegetable



Nutritional Review

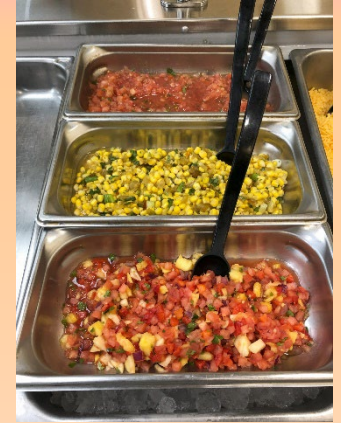


	Breakfast	Lunch
Whole Grain	100%	97%
Saturated Fat	1.9g	3.6g
Sodium	462mg	938g
Carbohydrates	86.3g	76.1g
Protein	14.3g	26.5g
Total Fat	6.5g	12.5g
Calories	466	550



Lunch Menu Variety

- Elementary 2 hot and 2 cold entrees daily
- Specialty Lines at Penn
- Middle Schools 3 hot and 4 cold entrees
- Vegetarian Options
- Special Diet Meals
- Salad Bars
- Fruit & Veggie of the Month
- Menu and Nutritional Information on School Cafe



Smart Snacks Regulation

- **Food served in schools from 12 midnight-1/2 hour after school**
- **PHM Wellness Policy**
- **Smart Snack Calculator**

1. Grain Product 50% or more whole grain
2. First ingredient fruit, vegetable, dairy or protein food
3. Combination food containing at least $\frac{1}{4}$ cup fruit or vegetable.
4. Must meet the nutritional standards

Calories 200 calories or less

Sodium 200 mg or less

Total Fat 35% of calories or less

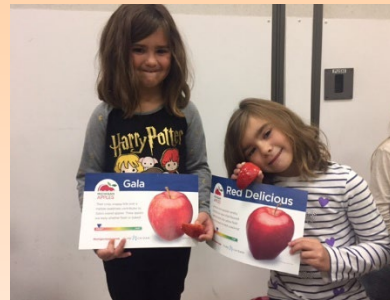
Saturated Fat Less than 10% of calories

Trans Fat 0 g

Total Sugars 35% by weight or less

Fun Facts

- Share Tables and Donations
- Special Events
- Cook from Scratch
- Culinary Program
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- We are a Federal Funded Program
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In Closing: